

HEALTHY THINGS GROW

TIPS FOR GROWING IN THE WORD

ON YOUR OWN.

1. **Remember *why* you're reading.** Not just to learn facts, but to know a person!
2. **You never read the Bible alone.** Pray for the Holy Spirit's help.
3. **Read the word.** Form a habit.
4. **Listen to the word.**

[ESV: Through the Bible in a Year podcast](#)

5. **Prioritise the word.**
6. **Memorise the word** (Psalm 119:11).

[Fighter Verses mobile app](#)

7. **Follow a plan.**

[Five Day Bible Reading plan](#)

8. **Read good books as you read the Good Book.**

Our book of the series, [You Can Really Grow by John Hindley](#)
[Tim Challies' Christian reading challenge](#)

9. **Share what you read.** Who could you encourage with a verse?
10. **Live the word** (James 1:22). Don't read for information, but for transformation.

WITH YOUR FAMILY.

1. **Start now, start small.**
2. **Read the word in age-appropriate ways.** Be willing to change patterns as children grow older.
3. **Sing the word together** (Colossians 3:16).
4. **Teach your children theology.**

[The New City Catechism books and app](#)

5. **Confess sin to God together as a family.** Your children need to know that you need forgiveness, too.



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AT CHURCH.

1. **Come to church prepared.** Read the passage, bring your questions, pray for the Bible reader and the preacher and your own heart.
2. The most important thing to **bring** to church is **your Bible**.
3. The second most important thing to **bring** to church is **a pen**.
4. **Chat around the word after church.**

TIPS FOR GROWING IN PRAYER

1. **Pray spontaneously**, continually, throughout the day (1 Thessalonians 5:17).
2. **Pray systematically**, with purpose and a plan.
3. **Don't be afraid to pray big prayers!**
4. **Use tools and resources.**

[Prayermate mobile app](#)

[Operation World](#) (prayer points for every country in the world)

[Stephen Shead, *Growing in Prayer*](#)

[Robert Elmer, *Piercing Heaven: Prayers of the Puritans*](#).

[Arthur Bennett, *The Valley of Vision: A Collection of Puritan Prayers*](#)

5. **Let people know you've prayed for them.** Paul does! Colossians 1:1-14.
6. **Pray about growing in prayer.**

